



JOG THE BOG & BEACH
10K & 5K RUN / 3K WALK
9:00 AM, Sunday, October 15, 2017
Grayland Community Hall
Grayland, WA

Location/Course: The race will start and finish at the Grayland Community Hall, a country block off Hwy 105 at Grange Rd, Grayland, Wa. The race is a combination of Pacific Ocean beach and roads through the Cranberry Bogs.

Registration: Pre-register by mail or at the Cranberry Harvest Festival, **Saturday, October 14th**, at the Grayland Community Hall from 2 PM to 4PM. Sunday, October 15, 2017 registration begins at 7:00 AM, **Advance entry fee \$15** (Day of Race Fee: \$20). Race participant packets with commemorative T-shirts and number can be picked up Saturday the 14th from 2 -4 pm or on the day of the race, starting at 7 AM. Proceeds will support the Ocosta High School Booster Club.

Please make checks payable to: **Westport/Grayland C of C**
P.O. Box 306
Westport, WA 98595

Event T-Shirt (please circle one) Adult Shirt Size: M L XL 2XL Youth shirt size: M L

Awards: Trophy for Overall Winner in each Men & Women

Trophy for Top Youth — 18 and under

Trophy for Top Family — At least 3 members, one must be a parent.

Information: Go to www.westportcam.com for race information and online registration form.

(Check one) 10K Run 5K Run 3K Walk

Name: _____

Last

First

Address: _____ City: _____ State: _____ Zip _____

SEX ___M___F

AGE _____

Phone: (Work) _____ (Home) _____ (E-mail) _____

Registration and receipt form/waiver for participation: I, the undersigned, being apprised of the conditions of this race, assume all risks incident to my participation in this race. Further, I hereby represent to have adequately trained for this event. I hereby, for myself, my organization, my heirs, executor, and administrators, waive and release all rights and claims for damages I may have against the Westport/Grayland Chamber of Commerce, or any organization in whose grounds this activity is being held, and my instructors or persons of these departments, for any and all claims, demands, or injuries received in participating in this race.

Participant's Signature _____ Date: _____

Parent/Guardian's Signature (if under 18) _____ Date: _____